



The winter is past; the rains are over and gone.

Song of Solomon 2:11, NIV



FIRST PRESBYTERIAN CHURCH
100 W. Church Circle
Kingsport, TN 37660
(423) 245-0104

First Presbyterian Church

The First Press

Seeking to see the Face of Christ...Striving to be the Hands of Christ

Vol. 539, Issue 6

June 2022

Mark Your Calendar

- 6-8 Music Meditation
- 6-5 H.S. Montreat begins
- 6-20 Newsletter Deadline
- 6-20 Vacation Bible School begins

Weekly

Tuesdays
Knuckleheads Men's Bible Study
12:15-1:15 p.m.
Room 103-104

Thursdays
Balance Class
1:15 p.m.
Fellowship Center



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Pray Your Fears Away

Everybody has dreams. Even if your only dream is to find a dream, it still directs your life. Our dreams change over time but we are never without them. If you ever stop dreaming, you stop living. All the big decisions we make relate to our dreams. Some are dramatic: we want to make a difference in the world. Other dreams are smaller: we want to assist in the success of our kids, spouse, or colleagues. Christians are called to dream God's dreams, to contribute to God's kingdom on the earth. We strive to make our dreams come true. Eventually, we must sleep. Lying awake in bed is a dreamer's nightmare: our minds race as we ponder all that could destroy our dreams. We are not distracted by distractions at night; our fears return like monsters who wait under the bed. Sometimes, we get so afraid that our eyes puddle with tears. We feel lonely. No one is there to comfort us. No one except God, who reads us like an open book. In Psalm 56 we hear:

"O God, you have kept count of my tossings and put my tears in your bottle."

The same God who knows the world's sorrows keeps count of the silent fears that mock our dreams. God has placed our tears in a bottle. You aren't alone in the dark. A little context! David had been anointed king by Samuel and now had a wonderful dream for his life. Inspired by it, he won early success in Israel's war with the Philistines by killing Goliath. People loved him; they wanted David as king. Yet they already had a King, Saul, who would do anything to keep his job, including kill David. He fled Saul, roaming like a fugitive for years. He lived as a refugee and never felt safe wherever he went. He once found refuge in Goliath's hometown. Call it poor planning! Not knowing what else to do, he acted like a crazy man, pawing at the walls and letting drool run down his beard. Their King was so disgusted that he threw him out of town. From this time of delayed dreams, Psalms like Psalm 56 were born. Read it. It is for anyone who wonders how life ever made them act so crazy. Most of us live with more anxiety than the human soul can contain. Fear is one of the things that doesn't improve with time. The last thing we want to do is to manage our fears. If we do not pray our fears away, they will take root in our lives. Yes, there are reasons to be alarmed these days. What I am saying is this: the alarm we feel is a call to prayer, where your fear is vanquished by the love of God.

Sunday Worship

8:45 a.m.
Chapel

11:00 a.m.
Sanctuary

Fall Prevention & Balance Class

Balance Class meets **Thursdays** at 1:15 p.m. in the Fellowship Center! The cost will be \$6.00 (cash only) per class. Scott Held, an exercise physiologist with The Great Body Company, is our instructor. Each week Scott teaches the group exercises that strengthen foundation or "core muscles" while sharing techniques that can help diminish the possibility of a fall occurring. A fall can be a life changing experience. If you have fallen, stumbled, or can tell your balance has diminished you will most likely find this class beneficial. This class is open to the community. Invite a friend and come join the fun!



Remind 101

Sign up for our church texts! Text the number 81010 and include @fpc100 in the text to opt in.

It's Gonna Be Some Summer!

- ◆ **Lemonade on the Lawn** - Cookies and lemonade every Sunday in June right after the 11:00 a.m. Worship Service
- ◆ **Ice Cream Social** - Sunday, July 10 right after the 11:00 a.m. Worship Service
- ◆ **BLT's** - Sunday, August 14 right after the 11:00 a.m. Worship Service

Vacation Bible School



Vacation Bible School will be **June 20-23** from 9:00 a.m. - 12:00 p.m. This year's theme is *Monumental: Celebrating God's Greatness*.

VBS Work Day Sunday, June 12 at noon

Come and spend some time decorating for Vacation Bible School. Stay as long as you are able. We will be decorating the main stage and other areas.

Youth News

Summer 2022

June 5-11

High School Montreat

Saturday, July 23

High School Youth Overnight.

Hosting Kemper's Church as they travel from Ohio to Montreat.

Tuesday, July 26

All Youth Overnight Service Blitz:

8:00 a.m. - 8:00 a.m.

Morning Work:

Clothes Closet Back-to-School
workday

Afternoon Work:

Second Harvest Food Bank



June 1: Gerry Mayberry

June 2: Paula Scott

June 4: Burt Capel, Frances Dryden, Carolyn Kidwell

June 5: Lois Carter, Andrew Hagan, Olivia Doran

June 7: Richard Meyer

June 9: Olin Babb, Mary Glenn Lively, Shannon Vanlandingham

June 10: Scott Cooper

June 11: Donna Quillen, Rhys Wilkins

June 12: Precia Keel

June 13: Mary Faiz, Donna Marchion

June 15: Lou Ann Moore

June 16: Meghan Heindselman, Al Crymble

June 17: Linda Cradic, Check Garcia

June 19: Lleyton Good, Jane Ward

June 21: Ruby Rogers, Susan Davis, Mark Plemmons

June 22: Elli Walker, Julie Raines

June 23: Sylvia Wright

June 24: Owen Allgood, Laura McConnell

June 25: Tom Sellers, Quinn Raines

June 26: Peggy Groseclose, Patty Pendleton,

Mike Pendley, Debra Smith, Rachel Smith

June 27: Louise Piazza

June 29: Naima Kincaid, Sakhile Banda

Pledge Update ~ Year to Date

(as of May 23, 2022)

Pledges Budgeted to Date:	\$314,703.35
Pledges Received to Date:	\$309,906.62
Difference:	(-\$4,796.73)

Loose Offerings

Budgeted to Date:	\$ 5,243.35
Received to Date:	\$ 8,129.25
Difference:	\$ 2,885.90

Special Offerings -

Five Cents a Meal - May (A portion went to Family Resource Center-Kpt. City Schools)	\$600.00
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PW Blanket Offering (Sent to PCUSA)	\$600.00
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From the Finance Office

ONLINE GIVING INSTRUCTIONS

Online giving is available on the church website: www.firstpreskingsport.org. Scroll down to the "Give Online" bubble. Follow the instructions on that page. If you have any questions, please contact the church office at 245-0104.

QR CODE GIVING INSTRUCTIONS



Before you begin you will need to have a QR app installed on your mobile device. For an Apple device go to the App Store and choose a QR scanning app. For an android device go to the

Google Play store and choose a QR scanning app. For Apple, staff has tested QR Code Reader and for Android they have tested QR Scanner. If you have any questions, please contact the church office at 245-0104.

Make Your Offering Automatic!

An automatic payment of money from your credit union or bank account to First Presbyterian Church-Kingsport will be convenient for you, especially when traveling, and ensure your offering is received in a timely manner by FPC. Beverly Johnson at FPC would be happy to assist you in setting up automatic payment of your offering.



Next First Press Newsletter Deadline

June 20
July Newsletter

Welcome Sharon!

In recent weeks, you may have noticed a pleasant smile in the 11:00 sanctuary service that you may not have recognized, but Sharon Engel officially joined our congregation during the session meeting on Sunday, May 22. Sharon moved to Church Hill from Belvidere, Illinois about a year and a half ago, where she was very active in a Lutheran congregation for many years. She has several family members in Church Hill, and has been visiting various churches in the surrounding vicinity in search of a new church family. Her brother, our very own Doug Benton, with loving persistence asked her to visit our church; and we are so very thankful she did. We are honored and delighted to have Sharon join our church family, and to worship and serve our Lord Jesus with us. Welcome Sharon!



Ways you can SERVE

Breakfast Ministry

We continue to serve 50-75 breakfasts to our neighbors in need each Saturday and Sunday morning, and are so grateful for the continued support of FPC. As the summer travel season begins, please consider donating any travel toiletries you may accumulate to our ministry--they are often asked for and much appreciated. If anyone would like to join the list of volunteers for the Breakfast Ministry, please email Sarah Good

Faith in Action at the Salvation Army

Church members are invited to volunteer to help prepare and serve lunch on the 2nd Sunday of each month at the Kingsport Salvation Army. Sixteen members indicated their interest in doing this through the "Rekindling Our Gifts Survey," and this opportunity is open to all who want to help. Two members are needed each Sunday, and the time commitment is from 10:30 a.m. - 1:00 p.m. First Presbyterian sponsors this 2nd Sunday meal that serves approximately 100 people in our community. The Salvation Army serves a free lunch meal to anyone who wants one 365 days a year as one of their social service missions of helping those in need. Catherine Tucker is the contact person to volunteer at 423-782-7782.

Thank you

Dear First Presbyterian Church Family,
Thank you for your prayers and sympathy during the illness and passing of our mother, Betty Travis. Your calls, cards, visits, prayers, love and much more meant so much to Mother and to us.

Thank you again for everything.

Beth Travis Felvey and Tricia Travis Kenny

FPC Donation to Grace House of Kingsport Homeless Ministries

Bobby Flowers, President of Kingsport Homeless Ministries, receives from FPC Outreach member Emily Pridemore a check for \$17,000 for Grace House. This facility on Sullivan Street will house homeless men and women overnight, provide a day center and also access to addiction and mental health counseling. These funds will aid in the operation of Grace House. As interior renovation takes place, there will be future opportunities for FPC members to clean ceiling tiles, replace carpet with new flooring and paint. Thanks to FPC members for contributing to FPC's Endowment to make funds possible for this and other ministries in Kingsport and through our Presbyterian missionary in Guatemala. For more information, please contact Outreach committee members including Elders Bob Stoots, Allen Wright, Nancy Knisley, Jami Arrowsmith and Gary Tucker.



Happy Mother's Day from the 1st-5th Grade Sunday School Class!

MAY 15, 2022

SPACE FOR GRACE & PICNIC

