



Second Harvest Food Bank Work Day

Please join us for another day of service at Second Harvest Food Bank on September 21, 2022. Thousands of people depend upon Second Harvest Food Bank of Northeast Tennessee for food, and Second Harvest depends upon generous volunteers like us from First Presbyterian Church to help get food distributed. For those with plenty, a bag of instant oatmeal is small. For those with little, a bag of oatmeal is a daily essential. FPC volunteers contributed 50 hours of time in July that led to 675 senior food bags being packed and made ready for needy and grateful recipients. We enjoyed the personal satisfaction of being the helping hands of Christ in such an important ministry. In fact, we enjoyed the fellowship, comradery, and team work so much, we look forward to doing it again!

Second Harvest Food Bank is located at 1020 Jericho Drive, Kingsport, TN 37663 in the former Kingsport Sam's Club building. We will be moving along in assembly lines to place food items into bags and boxes for distribution. There are two options for volunteer hours: morning between 10am & noon, and afternoon between 1:00 and 3:00pm. You are welcome to select either or both sessions and volunteer whatever amount of time you wish. Twenty-three people volunteered in July. We can handle 30 volunteers this time (15 in each session), so it would be great to top that number if we can. It truly is a meaningful way to enjoy Christian fellowship and community service at the same time. Please call or text Bob Stoots at 423-782-6280 right away with questions and to sign-up!



Breakfast Ministry Update

Our Breakfast Ministry is still going strong--numbers have skyrocketed in the past several months. We are now serving between 140-200 bags per day on Saturday and Sunday mornings. The need in our community is great, and we have seen a lot of new faces joining us each weekend. Many of our neighbors are gathering outside the church for fellowship during breakfast, and a few have joined us for worship recently--please take the opportunity to welcome them and share God's love if you see them there!

-Our greatest need for the ministry right now is **volunteers**--with the growing numbers, our manpower needs have increased as well. If you are interested in volunteering for a Saturday or Sunday morning shift this fall, please email Sarah Good at sar4680@gmail.com or text or call (423) 967-3148. Shifts run from 6:45-8:15am.

-**Monetary donations** are also much appreciated--rising food prices combined with greater numbers served have increased that need as well.

-Requests for **toiletries, feminine hygiene products, blankets, and backpacks** are frequent--any donations can be dropped off at the church office.

As always, thank you for continuing to support this program over the past 2.5 years--we hope to continue to serve our neighbors as long as there is a need!

Grace House of Kingsport Project

First Presbyterian Church volunteer laborers at Grace House of Kingsport Homeless Ministries were Richard Meyer, Gerry Morie, David Hafele, Gary Tucker and friends from Habitat for Humanity.

Sharon Engel of First Presbyterian Church graciously volunteered to provide a delicious lunch that refueled us for afternoon activities.



We removed ceiling tiles and insulation, deconstructed a bathroom to prepare it for remodeled handicapped access, removed carpet, deconstructed walls to make room for a bedroom, and removed counters.

In another section of the building, workers from Colonial Heights Presbyterian Church were also involved in deconstruction.

Future work days will be scheduled. A tentative January 2023 opening date is planned to provide

forty beds for homeless men and women who live with substance abuse and /or mental health issues. A day center and an outdoor "green space," dental and counseling services will also be available for our neighbors through Grace House.



Update on the Ukrainian family

Max started school at Volunteer High School on Monday, Aug 8. He was excited and nervous at the same time about school and riding the bus! He is off to a good start, and he likes it so far. He rides the bus each day, which is a fun first for him. He has only seen yellow school buses in American movies until now! The school has requested a Russian/Ukrainian translator for him which would be wonderful. Alisa's application is still pending with Head Start. She needs to see a doctor for some standard tests as part of the enrollment process. Unfortunately, their doctor cannot see her until September. She is ready to get started, but the delay is not a big problem since Oxana is at home to care for her. If accepted to Head Start, transportation will be provided for her too. Oxana's application for work authorization has been accepted. They notified us about it, but no final answer yet; only that they are working on it. We are hoping it's sooner than later. She is slowly building her clients for nails. Some of my friends and friends of those friends for now. She mainly does gel, because they last long and don't chip and break from normal daily work. She has a special table and all her equipment already set up, so it's like a salon just at home. She does both manicure and pedicure. You are welcome to give my email and phone number to people who might be interested in giving her a try. Just ask them to contact me and let me know they are from your church. We can set up an appointment from there. (usyulka5@gmail.com and (916) 239-8539)