

First Press Weekly Update

February 18, 2024



Prayer List

IN THE HOSPITAL – Betty Dickson – HVMC and Kay McBee – Vanderbilt.

CHRISTIAN SYMPATHY - The Congregation extends Christian Sympathy to the family of Ambrose Stevens (nephew of Agnese Goin) upon his death on February 13, 2024 in Redding, CA.

PRAYER FAMILIES OF THE WEEK – Tim, Jamie, Oliver, Eli, Maggie and Beckett Arrowsmith; Marjorie Watford; Stephen Arthur and Mark, Grace, Lillie, Ian and Jane Ward.

MISSIONARIES – Eliane Menezes, Guatemala.

Church Night Supper Wednesdays, 5:30 p.m

February 21

Pizza and Salad
(Mike's Bible Study)

Cost is \$8.00 for adults; \$4.00 for children under 10; with a family maximum of \$20.00. Reservations must be received by noon on Tuesday. To make reservations, fill out the pew pad on Sunday mornings, call the church office at (423) 245-0104 or register online: [First Presbyterian Church-Kingsport \(firstpreskingsport.org\)](http://firstpreskingsport.org)

New Wednesday Night Class For Lent ~ "Get Your Life Back"

There is a madness to this moment in time and we must name it for the lunacy it is. Apart from international conflict and an America divided almost as much as a country can be divided, daily stress is taking our lives hostage. The maddening pace of life, the demands on our time and energy, and global problems that go from bad to worse: it leaves us empty and ragged. People come home exhausted on our good days and fried on the bad ones! The world has gone mad; it is trying to take us with it. If only we had more of GOD, if we could draw more on his strength and wisdom, we could rise to meet this hour. This class is dedicated to equipping us to do just that. We need practical ways - what I call "graces" - to put ourselves in places to receive God's help. Together we will consider: **DETACHMENT/LETTING GO, ALLOW FOR TRANSITIONS, REMEMBER WHO YOU LOVE, KINDNESS TOWARD OURSELVES, AND SURRENDERING THE SELF LIFE**

Stations of the Cross

If you or your family would like to help set up the stations of the cross during Holy Week, please let a member of the Christian Ed committee know **by February 29**.

Thank you!

Elizabeth Wilkins, Jennifer Walker, Jim Amstutz, Cheryl Rice, Natalie Robertson

CPR, AED & First Aid Training

February 28 9:00 a.m. – 1:30 p.m.

Cost: \$60.00 per person (A free light lunch will be served.)

Being trained and able to perform first aid, CPR and use an AED correctly in an emergency are not only useful skills but, even more importantly, can save a life! If you have never been trained, or it is time to renew your certification in CPR, AED and First Aid, now is your chance! A certified trainer from Lambert Training will be our instructor. *These classes are suggested for anyone with limited or no medical training.* You do not have to be a medical provider to save a life! Invite a friend and register to attend this valuable training. For more information or to register, contact Becca Wright (Parish Nurse) at: (423) 963-9617 or abwright@chartertn.net. **Deadline to register: 2/19/24.**

Second Harvest in February

Due to adverse weather conditions in January, FPC volunteers will be kicking off 2024 service at Second Harvest Food Bank on **February 21**. There will be both morning and afternoon sessions: from 10:00 a.m. to noon and 1:00 to 3:00 p.m. The rear warehouse entrance for volunteers will be closed due to construction, so please enter through the front reception area. Check your calendars and let Bob Stoots know if you'd like to help (call or text 423-782-6280).

Birthdays This Week

Feb. 18: Henry Booher

Feb. 19: Paul Banda

Feb. 20: Greeley Wells

Feb. 21: Burts Compton, Leon Doran, Alexis Jennings

Feb. 22: Mary Beggerow

Feb. 23: Greta Robinette

Feb. 24: Catherine Tucker

Feb. 25: Flint Gray, Don Thompson, Kim Thomidis, Briggs Mink

Feb. 26: Lynetta Johnson

Grab and Go Needs

- Volunteers!
- Monetary Donations
- Hats/Toboggans
- Gloves
- Blankets or Sleeping Bags
- HotHands hand warmers
- Backpacks/Bags
- Thick Socks

****clothing items and bags can be new or used****

Waverly Road Food Pantry

For February please bring **canned meats and stews** for the Waverly Road Pantry. Baskets are located near the Chapel door and in the foyer of the Fellowship Center on Sunday mornings. Thanks!

First Presbyterian Church Staff

423-245-0104

Mike Shelton, *Pastor* (ext. 204)

Russ Pearson, *Director of Christian Education and Youth Ministries* (ext. 208)

Mark Owen Davis, *Director of Music Ministries* (ext. 210)

Annie Hill, *Church Business Administrator/Executive Assistant to the Pastor* (ext. 203)

Vickie Green, *Membership & Website Specialist/Church Administrative Assistant* (ext. 202)

Beverly Johnson, *Financial Administrator* (ext. 206)

Kim Alvis, *Media Specialist* (ext. 209)

Becca Wright, *Parish Nurse*

Mike Weiss, *Custodian*

Alan Whitt, *Custodian*

First Presbyterian Church

100 West Church Circle

Kingsport, TN 37660

423-245-0104

www.firstpreskingsport.org

Email: office@firstpreskingsport.org

Follow us on Facebook

FPC Guest Wi-Fi - Password: churchcirclefpc