
First Presbyterian Church

OCTOBER 18, 2026

The Weekly Update

Church Night Supper this week!

Dinner 5:30 p.m.

On the Menu ~ Braeden's: Pork loin, green beans, pasta salad, rolls, and dessert.

(Administration Committee serving)

Bible Study 6:20 p.m.

Living Hope - A Study of 1 Peter

The cost for dinner is \$10.00 for adults, \$5.00 for children under 10, with a family maximum of \$25.00. Reservations must be received by noon on Tuesday. To make reservations, fill out the pew pad on Sunday mornings, call the church office at (423) 245-0104 or register online: (www.firstpreskingsport.org)

Pumpkin Carving & Pizza

Intergenerational Event

Sunday, October 25

4:00 p.m., Fellowship Center

There is a sign-up sheet in the church foyer, where you can register your attendance. You may also register through the church office by calling 245-0104. **Please register by Thursday, October 22.** This is a free event that is made possible thanks to a very generous donation to the CF&N Committee by an anonymous church member. Please bring your own pumpkins to carve, either small or medium. Carving knives will be supplied, unless you want to bring your own.

Fall Concerts

Music Director Amy Smith will present two concerts this Fall. "**Amy's Halloween Playlist**" will be held on **Wednesday, October 28** from 5:00-5:25 p.m. in the Sanctuary, and "**Triple Three Toe Tappers**" will take place on **Sunday, November 8** at 3 p.m., also in the Sanctuary. Please join us!

Looking Ahead

- October 28 ~ Trick or Treating after CNS
 - November 1 ~ Rise Against Hunger
 - November 22 ~ Community Thanksgiving Service at First Broad Street UMC
 - November 29 ~ Advent Coffee
 - December 13 ~ Care Ministry Luncheon
 - December 20 ~ Caroling and Chili
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Clothes Closet Schedule

The Clothes Closet will be closed **Tuesday, October 20.**

Lunch & Learn Fall Prevention & Better Balance

Thursday, October 29

12:00 - 2:15 p.m.

Fellowship Center

Presentation and a light lunch from noon - 1 :15 p.m.

Attendees are invited to stay to observe or participate in the Balance Class from 1:15 - 2:15 p.m.

Scott Held, an Exercise Physiologist from the GBC Wellness Center will be speaking to us about fall prevention and how to maintain better balance. He will highlight some of the most common ways people fall, teach us prevention techniques and demonstrate exercises to strengthen our foundation or "core muscles" to improve our balance.

A fall is scary and can be a life-changing experience. If you have had a fall, stumbled or can tell your balance has diminished, we hope you can attend.

If you would like to sign up, please see Becca Wright in the foyer after the service.

Birthdays this Week

October 18: Duncan Harker, Owen Heindselman, Jack Addleburg

October 19: Cheryl Ann Hess

October 21: Bo Grover

October 22: Michael Holt, Alyson Argabrite, Anna Hagan

Waverly Road Food Pantry

Item of the month: Pasta and a can of sauce or box of macaroni and cheese

Serving Today

Ushers ~ Laura Drayne and Becca Wright

Sound ~ Gary Hallen

Flower Delivery ~ Claudia Byrd

The Chancel Flowers

*The Chancel Flowers are Dedicated to the Glory of God
and presented by the Byrd Family
in loving memory of Jeff Byrd.*

8:30am Chapel and 10:30am Sanctuary

www.firstpreskingsport.org

WiFi Information: FPCK Guest~Genesis1:3-4